## St. Johns Wort

## 500mg Complex









Supplement Facts Serving Size: 1 Capsule		
Amount Per Serving		
	Amount	% Daily Value
St. Johns Wort (.3% Hypericin) (flower heads)	300 mg	*
St. Johns Wort Powder (flower heads)	200 mg	*
*% Daily Value not established.		

Other ingredients: Rice flour, gelatin (bovine), vegetable magnesium stearate and silicon dioxide.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

SUGGESTED USE: 1 capsule taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers or children under the age of 18. St. John's Wort may contribute to photosensitivity resulting in skin irritation and redness in persons exposed to strong sunlight or tanning booths. If you are taking anti-depressant medications or have questions about the advisability of taking this product, consult your physician prior to use.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.