

Life's Vitality

Food Based Vitamin - Mineral Complex



Supplement Facts			
Serving Size: 3 Tablets			
Amount Per Serving			
	Amount	% Daily Value	
Vitamin A (67% beta-carotene / 33% palmitate)	15,000 IU	300%	
Vitamin C (ascorbic acid)	500 mg	833%	
Vitamin D-3 (cholecalciferol)	400 IU	100%	
Vitamin E (d-Alpha tocopheryl acetate)	100 IU	333%	
Vitamin B-1 (thiamine mononitrate)	50 mg	3333%	
Vitamin B-2 (riboflavin)	50 mg	2941%	
Niacin (niacin granular)	10 mg	50%	
Vitamin B-6 (pyridoxine hcl)	50 mg	2500%	
Folic Acid	400 mcg	100%	
Vitamin B-12 (cyanocobalamin)	100 mcg	1667%	
Biotin	100 mcg	33%	
Pantothenic Acid (d-calcium pantothenate) (d-calcium pantothenate)	20 mg	200%	
Calcium (Phosphate / Amino Acid Chelate)	175 mg	18%	
Phosphorus (dicalcium phosphate)	72 mg	7%	
Magnesium (amino acid chelate)	100 mg	25%	
Zinc (glycinate monohydrate)	15 mg	100%	
Selenium (amino acid chelate)	50 mcg	71%	
Copper (oxide)	200 mcg	10%	
Manganese (sulfate)	2 mg	100%	
Chromium (as polynicotinate)	50 mcg	42%	
Potassium (as citrate)	50 mg	1%	
			315 mg *
			75 mg *
			500 mg *
			200 mg *
			100 mg *
			75 mg *
			75 mg *
			75 mg *
			50 mg *
			50 mg *
			25 mg *
			25 mg *
			15 mg *
			15 mg *
			15 mg *
			15 mg *
			15 mg *
			20 Million † CFU
			15 mcg *
			3 mg *
			210 mcg *
			27 mcg *

42 Fruit & Vegetable Proprietary Blend
Consisting of Blueberry, Cranberry, Grape Seed, Strawberry, Raspberry, Pomegranate, Bilberry, Alfalfa, Carrot, Beet, Broccoli, Acai, Chokeberry, Apple, Apple Pectin, Maqui Berry, Grape Skin, Black Cherry, Tomato, Barley, Celery, Chlorella, Black Currant, Artichoke, Mango, Pineapple, Spirulina, Chlorophyllin, Dandelion, Wheat Grass, Green Tea, Milk Thistle, Eleutherococcus Senticosus, Ashitaba, Bing Cherry, Elderberry, Goji Berry, Grapefruit, Mangosteen, Spinach, Tart Cherry, and Papaya.

Enzyme Complex (from plants)
(Consisting of Cellulase, Bromelain, Papain, Amylase, Trypsin & Lipase)

Spirulina Algae

Wheat Grass

Safflower (powder)

Lecithin

Choline Bitartrate

Inositol

Citrus Bioflavonoids 50% Complex

Gotu Kola Powder

Echinacea Purpurea Root Powder

Green Tea (98% extract)

PABA (para-Aminobenzoic Acid)

Psyllium Husks

Oat (avena sativa 10:1 extract)

Apple Pectin

Chlorophyll (sodium copper chlorophyllin)

L. Acidophilus

† Activity level at time of manufacture.

Octacosanol

Trace Mineral Complex

Kelp

Boron (as amino acid chelate)

* Daily Value not established

Other Ingredients: Microcrystalline cellulose, vegetable stearic acid, vegetable magnesium stearate, croscarmellose sodium and pharmaceutical glaze.

ALLERGEN WARNING: CONTAINS SOY (LECITHIN), MILK (TRYPSIN), AND FISH.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

SUGGESTED USE: 1 tablet taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.