

EFA Complex



Supplement Facts		
Serving Size: 1 Softgel		
Amount Per Serving		
	Amount	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Polyunsaturated Fat	0.5 g	*
Vitamin E (d-Alpha Tocopheryl Acetate.)	10 IU	33%
CLA Complex (70% conjugated linoleic acid 300mg from safflower oil)	300 mg	*
GLA Complex (25% gamma linolenic acid from borage seed oil)	250 mg	*
ALA Complex (50% alpha linolenic acid from flaxseed oil)	150 mg	*
EPA (Eicosapentaenoic Acid/fish oil)	125 mg	*
DHA (Docosahexaenoic Acid/fish oil)	100 mg	*
* Daily Value not established		

Other ingredients: Gelatin (bovine), glycerin, and purified water.

ALLERGEN WARNING: CONTAINS FISH AND SOY.

Non-GMO Formula

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

SUGGESTED USE: 1 softgel taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.