

Co Q10

30mg



| Supplement Facts | | |
|--------------------------------|--------|---------------|
| Serving Size: 1 Softgel | | |
| Amount Per Serving | | |
| | Amount | % Daily Value |
| Coenzyme Q10 (ubiquinone) | 30 mg | * |
| * Daily Value not established. | | |

Other Ingredients: Rice bran oil, gelatin, vegetable glycerin, soy lecithin, and titanium dioxide color.

Shell Ingredients: Gelatin, vegetable glycerin, titanium dioxide color and purified water.

ALLERGEN WARNING: SOY (SOY LECITHIN).

Non-GMO Formula

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN COOL, DRY PLACE.

SUGGESTED USE: 1 softgel taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Co Q10 is found in almost every cell in the body, and it is a powerful antioxidant. It is believed that free radicals contribute to the aging process, as well as a range of health problems, including heart disease and cancer.

Antioxidants, such as Co Q10, can neutralize free radicals and may reduce or even help prevent some of the damage they cause. Some researchers believe that Co Q10 may help with heart-related conditions, because it can improve energy production in cells, prevent blood clot formation, and act as an antioxidant.