

Calcium Magnesium



Supplement Facts		
Serving Size: 4 Capsules		
Amount Per Serving		
	Amount	% Daily Value
Vitamin D-3 (cholecalciferol)	400 IU	100%
Calcium	1000 mg	100%
From carbonate, dicalcium phosphate, citrate, amino acid chelate, hydroxyapatite, gluconate, lactate, orotate, succinate and alpha ketoglutar.		
Phosphorus (dicalcium phosphate)	77 mg	8%
Magnesium (from oxide)	500 mg	125%
Boron (from amino acid chelate)	4 mg	*
* Daily Value not established		

Other ingredients: Gelatin (bovine), microcrystalline cellulose, silica dioxide and vegetable magnesium stearate.

CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

SUGGESTED USE: 4 capsules daily preferably with meals or as directed by a health care professional.

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.